Cultivation Practices for Coconut -February

Collection and storage of seed nuts

From the identified mother palms seed nuts should be carefully harvested and properly stored to prevent drying of nut water. Wherever the ground surface is hard, harvested bunch should be lowered to the ground using a rope.

Nursery management

Irrigation has to be continued. Weeding has to be done wherever necessary. If termite infestation is noted in the nursery drenching with chlorpyriphos (2ml chlorpyriphos in one litre of water) should be done. Spraying of water on the lower surface of leaves of seedlings can be done against spiralling white fly attack.

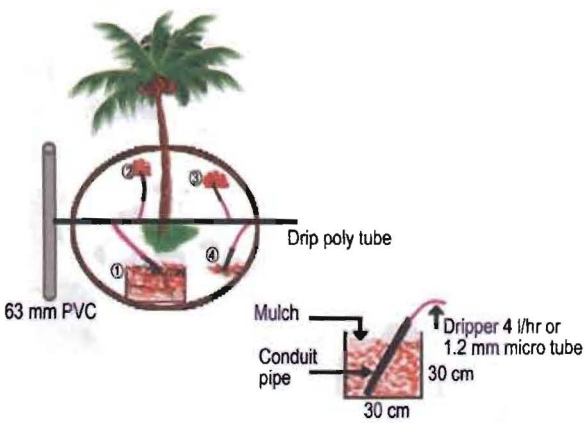
Shading

Shade has to be provided for the newly planted seedlings, if not already provided.

Irrigation

Irrigation has to be continued in coconut gardens. If basin irrigation method is adopted, provide irrigation once in four days @ 200 litres per palm. Drip irrigation is the ideal method of irrigation for coconut. The number of dripping points should be six for sandy soils and four for other soil types.

Drip irrigation layout and installation



Depending on the evaporation rate, quantity of water to be provided through drip irrigation system can be decided in different coconut growing tracts. In Kerala 30-35 litres and in Tamil Nadu and Karnataka 35-45 litres of water is sufficient per palm per day through drip irrigation system during January.

Moisture conservation

Mulching and other soil and moisture conservation practices should be adopted if not done earlier.

Plant protection

With the temperature shooting up high even in January 2020, it is all likely that the month of February 2020 is going to be very dry. Nights remain still cooler, humidity percentage slowly comes down and the evaporation level increases. The areas adjoining river and brackish water as well as midland regions favours emergence of sucking pests like rugose spiralling whitefly and other whiteflies during this period. Several coconut gardens in Kerala, Tamil Nadu, Andhra Pradesh, Karnataka and Lakshadweep Islands (Kavaratti and Minicoy) are heavily infested with rugose spiralling whitefly or nesting whiteflies or occurring in synergy. There will be a shift in the parasitism level favouring the pest population to flare up especially on juvenile palms and coconut nursery. The sooty mould scavenger beetle population recedes after the withdrawal of rainfall. Strict domestic quarantine in the transport

Leaf and inflorescence damage

Shielding by fish net

Metarhizium infected grub

of coconut seedlings or ornamental palms should be ensured. The sustenance of key pests like black headed caterpillar and slug caterpillars in endemic zones are to be understood keenly and management strategies evolved accordingly. The dry pathogens like leaf rot disease and basal stem rot disease could increase in the endemic regions as well.

▶ *Rhinoceros beetle (Oryctes rhinoceros)*

Being a ubiquitous pest, the incidence of rhinoceros beetle is quite common during all periods however its damage is well pronounced during monsoon phase when seedlings are also planted. In seedlings just planted, the spear leaf gets damaged and distorted by beetle damage. Juvenile palms are also prone to pest attack and sometimes appearing as elephant tusk-like symptoms. Damaged juvenile palms are stunted and get delayed in flowering. Of late incidence of nut boring symptoms are also noticed. Moreover, the attack by rhinoceros beetle would invariable incite egg laying by red palm weevil as well as entry of bud rot pathogen in this period.

Management

- Prophylactic treatment of top most three leaf axils with either botanical cake [Neem cake /marotti cake / pongam cake (250 g)] admixed with equal volume of sand or placement of 12 g naphthalene balls covered with sand.
- Routine palm scrutiny during morning hours and hooking out the beetle from the infested site reduces the floating pest population. This strategy could reduce the pest population significantly.
- Shielding the spear leaf area of juvenile palms with fish net could effectively entangle alighting rhinoceros beetles and placement of perforated sachets containing 3 g chlorantraniliprole /fipronil on top most three leaf axils evade pest incursion.
- Dairy farmers could treat the manure pits with green muscardine fungus, Metarhizium anisopliae @ 5 x 1011 /m3 to induce epizootics on the developing grubs of rhinoceros beetle. Area-wide farmer-participatory approach in technology adoption could reduce the pest incidence very effectively and forms an eco-friendly approach in pest suppression.
- Incorporation of the weed plant, Clerodendron infortunatum in to the breeding pits caused hormonal irregularities resulting in morphogenetic transformational aberration in the immature stages of the pest.
- Crop diversity induced by intercropping and ecological engineering principles would disorient pests and provide continuous income and employment as well.

▶ *Rugose Spiralling Whitefly (Aleurodicus rugioperculatus)*

This period could also witness the establishment of the invasive rugose spiralling whitefly (Aleurodicus rugioperculatus) in new areas as well as re-emergence in already reported areas. The pest population is increasing very high due to favourable weather factors of high day temperature and fall in relative humidity. Presence of whitefly colonies on the under surface of palm leaflets and appearance of black coloured sooty mould deposits on the upper surface of palm leaflets are characteristic visual symptoms of pest attack. In severe cases, advancement in senescence and drying of old leaflets was observed. Leaflets, petioles and nuts were also attacked by the whitefly pest and a wide array of host plants including banana, bird of paradise, Heliconia sp. were also reported. Continuous feeding by whiteflies cause health deterioration in palms for which agronomic care is very critical.

Rugose spiraliing whitefly

Parasitized pupa

Encarsia guadeloupae

Sooty mould scavenger beetle

Management

- In juvenile palms, spraying of water with jet speed could dislodge the whitefly and reduce the feeding as well as breeding potential of the pest.
- Ensure good nutrition based on soil-test recommendations and adequate watering to improve the health of juvenile and adult palms. Agronomic health managements of palms is very crucial including planting of intercrops wherever possible to diversify volatile cues and improve microclimate disfavouring flare up of whitefly.
- No insecticide should be used as this causes resurgence of the pest and complete kill of the natural aphelinid parasitoid, *Encarsia guadeloupae*. A pesticide holiday approach is advocated for the build up of the parasitoid.
- Installation of yellow sticky traps and conservatory biological control using *E. guadeloupae* could reduce the pest incidence by 70% and enhance parasitism by 80%.
- Habitat preservation of the sooty mould scavenger beetle, Leiochrinus nilgirianus could eat away all the sooty moulds deposited on palm leaflets and cleanse them reviving the photosynthetic efficiency of palms.
- A close scrutiny should be made for the presence of other whiteflies including the nesting whiteflies on coconut system.

▶ *Nesting whiteflies (Paraleyrodes bondari and Paraleyrodesminei)*

In addition to the rugose spiralling whitefly, two more nesting whiteflies (Paraleyrodes bondari and Paraleyrodes minei) are found associated with palm leaflets. Nesting whiteflies are smaller in size (1.1 mm) than rugose spiralling whitefly (2.5 mm). The nymphs are flatter with fibreglass like strands emerging from dorsum whereas the nymphs of rugose spiralling whitefly are convex in shape. Adult nesting whiteflies construct bird's nest like brooding chamber and sustains in the chamber. *P. bondari* had X-shaped oblique black marking on wings with two minute projections on rod shaped male genitalia whereas *P.minei* is devoid of black markings on wings and possesses cock-head like genitalia. Nesting whiteflies compete with rugose spiralling whitefly and reduce the aggressiveness of rugose spiralling whitefly in many cases.

Management

- In juvenile palms, spraying of water with jet speed could dislodge the whitefly and reduce the feeding as well as breeding potential of the pest.
- Ensure good nutrition and adequate watering to improve the health of juvenile and adult palms
- Effective nitidulid predators belonging to Cybocephalus sp. were observed on the palm system and pesticide holiday is advised for conservation of biological control.

P Bondari

P Minei

▶ *Black headed caterpillar, Opisina arenosella*

The coconut black headed caterpillar, *Opisina arenosella*, is a major pest distributed in almost all coconut growing tracts across the country especially along the water bodies during winter, however, a recent outbreak during May-June in certain tracts of Kasaragod district is reported. The infested portions get dried and form conspicuous grey patches on the upper surface of the lower fronds. Severe pest damage results in complete drying of middle to inner whorl of fronds leaving a burnt appearance. Presence of black headed caterpillars, webbing of leaflets and occurrence of dried faecal matter on the leaflets are the characteristic features of pest incidence. In the absence of natural enemies in the

Pest-infested field

Black headed caterpillar

Goniozus nephantidis

new area of emergence, the outbreak becomes faster and expands at high speed. Damage results in tremendous reduction in photosynthetic area, decline in rate of production of spikes, increased premature nut fall and retarded growth. Extensive feeding of caterpillars causes a crop loss of 45.4% in terms of nut yield in addition to rendering the fronds unsuitable for thatching and other purposes. Farmers need not panic and this approach is one of the classical examples of successful augmentative biological control suppressed by natural enemies.

Management

- Regular monitoring of palm fronds for pest occurrence in endemic zones.
- Removal and destruction of 2-3 older and dried leaves harbouring various stages of the pest. The leaflets could be burnt to reduce the caterpillar/ pupal population.
- Domestic quarantine should be strengthened by not transporting coconut fronds from pest-infested zone to pest free zone.
- Augmentative release of the larval parasitoids viz., Goniozus nephantidis (20 parasitoids per palm) and Bracon brevicornis(30 parasitoids per palm) if the pest stages is at third-instar larvae and above. The pre-pupal parasitoid (Elasmus nephantidis) and pupal parasitoid (Brachymeri nosatoi) are equally effective in pest suppression and are released at the rates of 49% and 32%, respectively for every 100 pre-pupae and pupae estimated.
- Before releasing, the parasitoids are adequately fed with honey and exposed to host odours (gallery volatiles) for enhancing host searching ability.
- Ensure adequate irrigation and recommended application of nutrients for improvement of palm health.

Leaf rot disease (*Colletotrichum gloeosporioides, Exserohilum rostratum*)

It is commonly observed on palms affected by root (wilt) disease wherein foliar necrosis of terminal spear leaf and adjacent leaves are registered. The disease prominently noticed in the post-monsoon phase during the month of December. Affected leaves turn necrotic and are not detachable from the palm and remain intact. This disease could be initially observed as minute lesions which later enlarge, coalesce and cause extensive rotting affecting the photosynthetic efficiency of palms. The disease is endemic to root (wilt) affected regions of Southern Kerala

Leaf rot disease affected palm

Leaflets

Management

- Need based pruning and destruction of affected spear leaf and other adjacent leaves in the terminal region
- Spot application of hexaconazole 2 ml in 300 ml water on the affected spear leaf region
- Soil test based nutrition for improving the health of the palm and ensure adequate irrigation

Basal stem rot disease *(Ganoderma spp.)*

It is a destructive disease observed in all coconut growing regions and found very severe in soils with higher pH and moisture stress condition. The pathogen invades the root system during early stages of infection that are not visibly noticed. Very severe in areas of Thanjavur, Tamil Nadu parts of East Godavari, Andhra Pradesh and Arsikara, Karanataka. The outer whorl of leaves turn yellowish, then gradually become brown and droop from their point of attachment and hang vertically downwards to form a skirt around the trunk apex. In course of

Basal stem rot disease

Bracket fungus

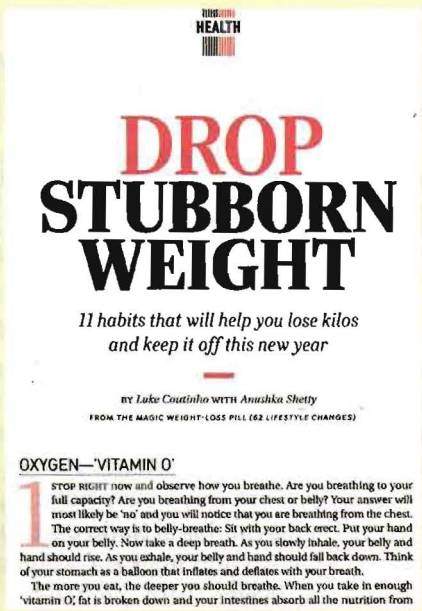
time, the apex of the trunk shows tapering with the advancement of the disease, and bleeding symptoms may appear on the bole region. At the base of the stem a characteristic reddish brown discoloration develops, accompanied by the exudation of a brown viscous gummy substance. These brownish patches may extend up to one metre from ground level and at times bark pealing was also observed. Sometimes fruiting bodies (basidiocarp) of the pathogen develop from the affected trunk.

Management

- Avoid burning of trash and palm residues near the trunk to avoid trunk/root injury
- Removal of dead palms and palms in advanced stage of the disease as well as destruction of the boles and root bits of the diseased palms to remove disease inoculums.
- Isolation of neighboring healthy palms, by digging isolation trenches (60 cm deep and 30 cm wide) around the affected palm (1.2 m away from the base of the trunk).
- Application of neem cake (5 kg) fortified with Trichoderma harzianum(CPTD 28)talc formulation (50 g)per palm per year at six monthly intervals reduced the disease intensity.
- Root feeding of hexaconazole @ 2% (100 ml solution per palm) and soil drenching with 0.2 % hexaconazole or with 40 l of 1% Bordeaux mixture in the coconut basin are recommended

Correct and timely diagnosis of insect and mite pests as well as disease causing pathogens would be the key factors for the implementation of effective management solutions. Delayed detection would take a longer time for recovery from pest invasion. Hence, a close scrutiny of palms through effective scouting and timely diagnosis would form the basis in doubling income through increased production. Palm health management is very important to tackle pests and diseases in coconut. ■

(Prepared by: Thamban, C. and Subramanian, P., ICAR-CPCRI Kasaragod; Joseph Rajkumar ICAR-CPCRI Regional Station, Kayangulam)



HEALTH

DROP STUBBORN WEIGHT

11 habits that will help you lose kilos and keep it off this new year

BY *Luke Coutinho* WITH *Anushka Shetty*

FROM THE MAGIC WEIGHT-LOSS PILL (62 LIFESTYLE CHANGES)

OXYGEN—'VITAMIN O'

1 STOP RIGHT now and observe how you breathe. Are you breathing to your full capacity? Are you breathing from your chest or belly? Your answer will most likely be 'no' and you will notice that you are breathing from the chest. The correct way is to belly-breathe: Sit with your back erect. Put your hand on your belly. Now take a deep breath. As you slowly inhale, your belly and hand should rise. As you exhale, your belly and hand should fall back down. Think of your stomach as a balloon that inflates and deflates with your breath.

The more you eat, the deeper you should breathe. When you take in enough 'vitamin O', fat is broken down and your intestines absorb all the nutrition from

Courtesy : Readers Digest , January 2020

ADD COCONUT OIL TO COFFEE

5 WHEN YOU add a teaspoon of virgin coconut oil to your coffee, you convert this simple beverage into a fat-burning elixir. Coconut oil contains medium-chain fatty acids (MCFAs) that boost the body's metabolism and stimulate effective fat burn. Also, replace white sugar with brown or coconut sugar.