



Fermentation in fine cocoa type Scavina: Change in standard quality as the effect of use of starters yeast in fermentation

Denise Sande Santos^a, Rachel Passos Rezende^{b,c,*}, Thalís Ferreira dos Santos^c, Eric de Lima Silva Marques^b, Adriana Cristina Reis Ferreira^d, Adriana Barros de Cerqueira e Silva^b, Carla Cristina Romano^b, Damião Wellington da Cruz Santos^c, João Carlos Teixeira Dias^b, João Dias Tavares Bisneto^{e,f}

^a Departamento de Alimentos, Faculdade de Farmácia, Universidade Federal de Minas Gerais, Av. Presidente Antônio Carlos, 6627, São Luiz, Belo Horizonte, MG 31270-901, Brazil

^b Departamento de Ciências Biológicas, PPGBBM, Universidade Estadual de Santa Cruz, Rod. BR 415, Km 16, Ilhéus, BA 45650-000, Brazil

^c Instituto de Biodiversidade e Florestas, Universidade Federal do Oeste do Pará, Rua Vera Paz, Salé, Santarém, PA 68035-110, Brazil

^d Centro de Inovação do Cacau, State University of Santa Cruz, Ilhéus 45662-900, Bahia, Brazil

^e Departamento de Ciências Biológicas, PPGGBM, Universidade Estadual de Santa Cruz, Rod. BR 415, Km 16, Ilhéus, BA 45650-000, Brazil

^f Fazenda Leolinda, Uruçuca Ba, Brazil

ARTICLE INFO

Keywords:

Almonds
Chocolate
Protease
Free amino acids

ABSTRACT

In the present work we aimed to demonstrate the influence of inoculum starter in support high quality fermentation. Cocoa fermentations were performed in wooden boxes and eight yeasts strains were used in separated fermentations of fine cocoa, type Scavina, as starter inoculum. Temperature, pH, titratable acidity, reducing sugar and free amino acids were evaluated during or after fermentation. The influence of starters yeasts on the decrease of acidity, sugar concentration and free amino acids was significant. The strains *Candida parapsilosis*, *Torulaspora delbrueckii* and *Pichia kluyveri* showed greater changes in the reducing sugar and free amino acids in fermented cocoa beans. These results indicate the ability of yeast used as inoculum starter to modify the end condition and further enhance the quality of fine cocoa beans.

1. Introduction

New concepts to produce special chocolates with unique characteristics, has been built. The fruit and good process quality depends on the choice of the most suitable genetic varieties, the degree of maturation, fermentation, drying and storage with defined and controlled practices. In Brazil, especially in the southern region of Bahia, producers started a movement that resulted in important awards in international quality contests for cocoa beans. This recognition led almonds to win special markets, where the quality of flavors and aromas is such to produce high value-added chocolates.

Chocolate is a food that is widely appreciated worldwide for its energy content and taste. Obtained after fermentation, drying and roasting of cocoa beans (Ouattara, Reverchon, Niamke, & Nasser, 2017; Thompson, Miller, Lopez, & Camu, 2013). Conventional chocolate has been giving way to high cocoa-based and fine chocolates. Whether obtained in conventional form or by high quality processing, is the

fermentation that promotes the formation of aroma and flavor precursors as reducing sugars and free amino acids, color change and reduction of acidity, bitterness and astringency of seeds (Aprotosoia, Luca, & Miron, 2016). It is well established that techniques applied in the fermentation as well the presence of microorganisms such as yeast, lactic acid bacteria (LAB) and acetic acid bacteria (AAB), and its metabolism greatly influences the biochemical processes inside the almonds (Ho, Zhao, & Fleet, 2014; Jinap, Siti, & Norsiaty, 1994; Nielsen, Snitkjaer, & van den Berg, 2008). Although fermentation conditions that lead to good concentration of free amino acids and reducing sugars have not yet been fully established, starter cultures are studied by researchers to try to establish and standardize conditions for good fermentation (Crafack et al., 2013; Ho et al., 2014).

Cocoa coast in southern Bahia is a micro-region with extremely favorable climatic conditions for planting and obtaining cocoa of quality. Yeasts isolated from fermentation process of cocoa of Scavina type were selected by producing enzymes and killer substances. The

* Corresponding author at: Departamento de Ciências Biológicas, UESC – Universidade Estadual de Santa Cruz, Rod. Jorge Amado Km 16, Ilhéus, BA 45662-900, Brazil.

E-mail address: rachel@uesc.br (R.P. Rezende).

<https://doi.org/10.1016/j.foodchem.2020.127110>

Received 7 October 2019; Received in revised form 14 May 2020; Accepted 19 May 2020

Available online 21 May 2020

0308-8146/ © 2020 Elsevier Ltd. All rights reserved.

Scavina variety has its origin in the ancestral group Contamana whose first representatives of this variety were obtained in the Ucayali River basin (Motamayor & Lachenaud, 2008). Scavina is known for its floral aroma notes in the fruit pulp and raw cocoa (Kadow, Bohlmann, Phillips, & Lieberei, 2013). These characteristics make this variety to be considered fine cocoa, characterized by a more aromatic and softer flavor than bulk cacao (Afoakwa, Paterson, Fowler, & Ryan, 2008). In addition, another important characteristic of the Scavina variety is recognized for The Scavina variety has its origin in the ancestral group Contamana (Motamayor & Lachenaud, 2008) whose first representatives of this variety were obtained in the Ucayali River basin. Scavina is known for its floral aroma notes in the fruit pulp and raw cocoa (Kadow et al., 2013). These characteristics make this variety to be considered fine cocoa, characterized by a more aromatic and softer flavor than bulk cacao (Afoakwa et al., 2008). In addition, another important characteristic of the Scavina variety is recognized for having genetic factors that provide greater resistance to broom-witch disease (Royaert et al., 2016) caused by the fungus *Moniliophthora perniciosa*, since 1989 found in the southern region of Bahia, Brazil where the present study with Scavina hybrids was developed. having genetic factors that provide greater resistance to broom-witch disease (Royaert et al., 2016) caused by the fungus *Moniliophthora perniciosa*, since 1989 found in the southern region of Bahia, Brazil where the present study with Scavina hybrids was developed. The selected yeasts were inoculated as starters in fermentation whose processing of cocoa is known as fine cocoa. Then this work aims to demonstrate the influence of inoculum starter in support high quality fermentation.

2. Materials and methods

2.1. Yeast isolation and screening

Yeast were collected from cocoa fermentation during early crop in Leolinda farm (Uruçuca -BA, Brazil), where fermentation take place in wood boxes of 70 cm 2 (troughs) for 70 kg of almond. At every 12 h (0, 12, 24, 36, 48, 60, 72, 84, 96, 108, 120) samples of cocoa beans were taken from the central portion of each trough, and placed in sterile bag and carried out to Monitoramento Ambiental Lab in Universidade Estadual de Santa Cruz. About 100 g of almonds were pulped and mixed in buffer (0.1% peptone, 0.1% Tween 80). An aliquot of the mucilaginous part was used to isolate microorganisms by plating after serial dilution on Sabouraud agar containing chloramphenicol (0.150 g/L). Plates were incubated at 25 °C for 72 h, then the colonies were isolated in pure culture. The isolated yeasts were stored in GYMP (3 g/L yeast extract, 3 g/L malt extract, 5 g/L bacteriological peptone, 10 g/L glucose and 20 g/L agar, with glycerol added at 20% v/v) at 4 °C under a layer of sterile mineral oil. Among the isolates, 112 were randomly chosen for enzymatic tests. They were grown in Sabouraud medium with chloramphenicol for 24 h at 28 °C. The inoculum was then standardized to 10⁶ cells/mL, 10 µL were plated on solid medium containing different carbon sources and tested for various activities during incubation for 2–5 d at 28 °C. The ability to degrade starch was tested in

a medium containing Yeast Nitrogen Base (YNB, DIFCO) 6.7 g/L, soluble starch 2 g/L and agar 20 g/L, with pH of 6.0 (Hankin & Anagnostakis, 1975). After growth, the degradation was revealed by the presence of yellowish halo formed around the colony by the addition of lugol. For esterase activity yeasts were inoculated in semisolid agar containing peptone 10 g/L, NaCl 5 g/L, CaCl₂ x2H₂O 0.1 g/L, Tween 80 10 g/L and agar 20 g/L, pH 6.8. Esterase activity was confirmed through opaque halo formed around the colonies. The evaluation for lipase activity occurred in a medium containing peptone 5 g/L, yeast extract 3 g/L, tributyrin 10 g/L and agar 15 g/L, pH 6.0. A clear halo around the colony showed lipase activity. The protease activity was determined on casein-containing (20 g/L) YEPG (yeast extract 10 g/L, peptone 10 g/L, glucose 20 g/L and agar 15 g/L, pH 6.5) (Strauss, Jolly, Lambrechts, & van Rensburg, 2001). A clear halo around the colony revealed protease activity. Pectinase activity were determined on pectin agar medium, which consisted of YNB 6.7 g/L, pectin 10 g/L and agar 20 g/L, pH 7.0 (Strauss et al., 2001). The presence of a purple halo around the colony formed after addition of ruthenium red 0.005% (w/v) indicated pectinase activity (McKay, 1988). Killer activity was tested on YEPG (pH 4.2 citrate-phosphate 0.05 mol/L buffered) 0.003% (w/v) methylene blue. *Saccharomyces cerevisiae* NCYC 1006 and *Candida glabrata* NCYC Y55 yeast strains were used as sensitivity indicators of killer activity. The sensitive strains were grown on Sabouraud agar for 24 h at 28 °C and thereafter cell density was adjusted to 10⁶ cells/mL. These suspensions were spread on YEPG-methylene blue using a sterile swab. After 30 min, 10 µL of the yeast culture, isolated from the supernatant of cocoa fermentation, previously cultivated in Sabouraud agar, were inoculated into wells made in the agar surface. The plates were incubated at 25 and 28 °C for 48 h. Killer activity was indicated by the growth inhibition halos that had formed around the wells.

2.2. Sequencing of the D1/D2 domain of the 26 rDNA

The D1/D2 domain of the large-subunit (26S) ribosomal DNA was sequenced for identification of 8 yeasts, representing all genera found, that had shown biotechnological potential in the 109 EEA and had proven positive for killer toxin activity (Table 1). The analysis was essentially performed (Jespersen, Nielsen, Honholt, & Jakobsen, 2005) with the following modifications: primers for the amplification of the D1/D2 domain were NL-1 (5'-GCATATCAATAAGCGGAGGAAAAG-3') and NL-4 (5'-GGTCCGTGTTTCAAGACGG-3'). PCR was performed in an automatic thermal cycler (Mastecycler personal-Eppendorf) under the following conditions: initial denaturation at 94 °C for 5 min; 35 cycles of 95 °C for 1 min, 52 °C for 45 s, 72 °C for 1 min and final extension at 72 °C for 7 min. The amplified products were purified with EXO/SAP-protocol of PCR purification based on Exonuclease I and Shrimp Alkaline Phosphatase (Amersham Pharmacia Biotech). DNA was adjusted to 50 ng/µL using geneQuant pro (Amersham-Biosciences). PCR products were directly sequenced in the automated sequencer ABI3730XL (Applied Biosystems). The obtained sequences were compared to the sequences reported in GenBank using the BLAST algorithm.

Table 1

Yeasts identified by sequencing and enzymatic profile and phenotype killer to act as starter inoculum.

Id	Specie	Amylase	Esterase	Lipase	Protease	Killer	Pectinase
A	<i>Rhodotorula mucilaginosa</i>	+	+	+	+		
B	<i>Torulasporea delbrueckii</i>			+	++		
C	<i>Candida parapsilosis</i>			+			+
D	<i>Pichia galeiformis</i>			+		+	
E	<i>Pichia kluyveri</i>			+		+	
F	<i>Issatchenkia orientalis</i>	+	+	+			
G	<i>Saccharomyces cerevisiae</i>			+		+	
H	<i>Pichia membranifaciens</i>			+	+		

++ Indicates higher production of the enzyme in solid medium.

2.3. Preparation of selected starter inoculum

Yeasts were cultivated (Leal, Gomes, Efraim, de Almeida Tavares, & Figueira, 2008) and all strains were grown previously, overnight in 250 mL of YEPD medium (1% peptone, 1% yeast extract and 2% dextrose) with stirring at 200 rpm at 28 °C. This culture was then used as a pre-inoculum for 3 L of YEPD medium under the same conditions. After centrifugation, the biomass obtained was resuspended in 40 mL YEPD medium at a concentration of 3.71×10^8 cells mL^{-1} for use as inoculum in the fermentation experiments.

2.4. Fermentation

The fruits came from Leolinda farm, Uruçuca, Bahia-Brazil. The seeds were homogenized and separated in 15 lots and placed in wooden boxes of 45 kg. The boxes were inoculated with 3.26×10^8 yeast cells kg^{-1} of cocoa bean. The fermentation occurred for a period of 144 h, with moving of the mass every 48 h. At every 12 h the temperature of the center of the box was checked and 200 g of almonds were removed for physicochemical analysis. At the end of the process, the almonds were dried on wooden platforms (barge system) until reaching 6–8% humidity and 200 g samples were collected for physicochemical analysis (pH, titratable acidity, quantification of free amino acids and reducing sugars). The fermentations were performed in triplicate for each yeast strain tested and a box containing the same volume of no inoculum (natural fermentation) was used as a negative control. Yeasts A, B, C, D (Table 1) were used in September / 2018 and E, F, G, H (Table 1) in December / 2018.

2.5. Determination of pH of the pulp and dry beans

To determine the pH of the pulp 100 g of fresh almonds were de-polluted and added with 100 mL of sterile distilled water. The final pH of the solution was then checked (using Radiometer pHmeter PHM82, Radiometer A/S, Brønshøj, China). To measure pH of the dried almonds, the samples were ground in analytical grinder (A11 basic, IKA) and five grams of the resulting powder was resuspended in 45 mL of sterile distilled water and homogenized on a magnetic stirrer (C-MAG HS4, IKA) for 10 min.

2.6. Determination of titratable acidity of cocoa almonds

The dried and crushed cocoa beans were degreased using Soxhlet, with petroleum ether as organic solvent for 24 h (Noor-Soffalina, Jinap, Nazamid, & Nazimah, 2009). The resulting defatted cocoa powder was stored at -4 °C for further analysis. Then, the collected petroleum ether was evaporated at 40 °C, the residual fat was mixed with a 1:1 (v/v) solution of 0.1 N KOH: ETOH plus two drops of phenolphthalein. The acidity of the final solution was determined by titration with 0.1 N NaOH. Anova one-way and tukey test were made in Graph Prism 5.0.

2.7. Cut test

The cut test was performed on almonds (Wood, 1985), considering 100 almonds, for the lot of 45 kg of cocoa.

2.8. Analysis of reducing sugars

The defatted cocoa powder (1 g) was resuspended in 10 mL of ultrapure water and homogenized for 30 min. Then filtered with Whatman paper no. 1 and in 0.45 μm membrane under vacuum. Reducing sugars present in the filtrate were determined using the dinitrosalicylic acid reagent (Miller, 1959). Reactions were adjusted to 300 μL volumes on a microplate and the absorbance of the solution was determined on an Elisa (Shimatzu) reader at a wavelength of 575 nm.

2.9. Free amino acid analysis

The extraction of free amino acids was performed (Kirchhoff, Biehl, & Crone, 1989). The dried and defatted cocoa powder (0.7 g) was incubated with 1.4 g of polyvinylpyrrolidone (PVPP) and 15 mL of distilled water. It was homogenized for 1 h at 4 °C. The pH was adjusted to 2.5 with glacial acetic acid, α -amino butyric acid was used as an internal standard, and the volume of the final blend was adjusted to 25 mL. The proteins were separated by the addition of acetone. After 30 min the precipitate was separated by centrifugation at 3 °C and discarded. The supernatant was used for the free amino acid analyzes by HPLC. Prior to quantification the amino acids were derivatized with phenylisothiocyanate (PITC) (Sigma Chemical Co.) (Heinrikson & Meredith, 1984). The derivatized amino acids were separated by reverse phase HPLC with UV detector at 254 nm and the column was a 3.9×300 mm Waters Peak-Tag free amino acid (Waters Associates, Milford, Mass., U.S.A.). Eluent A (50 mM sodium acetate buffer at pH 5.7) and eluent B (acetonitrile: water = 60:40) were used as the mobile phase. A gradient of (1) 0.5 min, 100% (A): 0% (B), (2) 5 min, 75% (A): 25% (B), (3) (B), (4) 0.5 min, 0% (A): 100% (B), (5) 14 min, constant 100% (A): 0% (B) was applied. Amino acids were grouped into other (glycine, arginine, threonine, proline, methionine, cystine and lysine) acids (aspartic, glutamic, serine and histidine), hydrophobic (alanine, tyrosine, valine, isoleucine, leucine, phenylalanine) acids to facilitate discussion.

2.10. Statistical analysis

All experiments were performed in triplicate and a variance analysis (ANOVA) and a Turkey's multiple comparison test were applied to verify significant differences between fermentations with and without inoculum. GraphPad Prism 5.0 software (GraphPad Software, Inc.) was used for analysis.

3. Results

3.1. Selection of yeasts to use as inoculum starter

Eight yeasts strains were selected and used as starter inoculants in fine cocoa fermentation to verify if the inoculum influences the obtaining higher values of flavor precursors (Table 1). The temperature of the fermentations that received inoculum did not present significant difference in comparison with controls without inoculum in any of the fermentation periods (September and December). The average temperatures of the first fermentation (September) that started at 24 °C and reached the maximum 45.2 °C after 48 h, remained around 43 °C until 120 h and declined to 37.2 °C in 132 h, at the end of the process. In the second fermentation (December), the initial temperature was 27.2 °C and reached 45 °C at 48 h, kept the temperature high up to 120 h and declined to 34.6 °C at the end of the fermentation process. The pH of the pulp of the first and second periods of fermentation increased progressively from 3.59 and 4.1 at the beginning of the process, to 5.60 and 4.9 at the end, respectively. No significant differences were observed in pH between fermentations with controls without inoculum.

3.2. pH, acidity and cut test of almonds

In the first fermentation period, the inoculums A (*R. mucilaginosus*) and B (*T. delbrueckii*) generated dry almonds with lower pH (5.6 and 5.7 respectively) and significantly different ($P < 0.05$) from the fermentation of control 1 (5.9). In the second fermentation period only the inoculum G (*Saccharomyces cerevisiae*) obtained a higher pH (6.0) and statistically different ($P < 0.05$) of control 2. The titratable acidity of the seeds fermented by inoculum starter were statistically lower ($p < 0.05$) than those without inoculum (controls 1 and 2) (Fig. 1). The fermentation with the inoculum C (*Candida parapsilosis*), presented

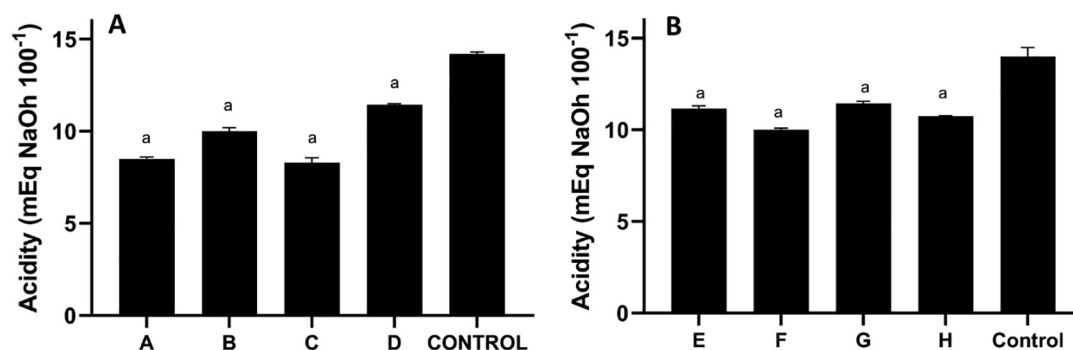


Fig. 1. Acidity in mEq NaOH 100 g⁻¹ of fermented almonds with and without inoculum in September (A) and December (B). A-H correspond to different strains that are listed in Table 1. The error bar corresponds to the standard deviation. The letter “a” indicate significant difference among sample and control in ANOVA one-way and tukey test ($p < 0,005$).

Table 2

Results of the test of fermented almonds (n = 100) with and without inoculum in two different fermentative periods.

	A	B	C	D	C1	E	F	G	H	C2
Brown ¹	100	100	100	95	90	97	100	100	100	89
B/V ²	0	0	0	5	2	3	0	0	0	5
Violet ³	0	0	0	0	8	0	0	0	0	6

¹ Equivalent to well-fermented seeds; ² Partially fermented seeds; ³ Unfermented seeds.

seeds with the lowest acidity. The cutting test showed uniformity of well fermented seeds, with brown color content for more than 95% in all processes (Table 2).

3.3. Analysis of reducing sugars

The concentration of reducing sugars from the fermentations conducted with inoculums B (*T. delbrueckii*) and C (*C. parapsilosis*) (14.3 and 15.3 g/kg, respectively) were significantly higher (p greater than 0.05) than those from control 1 (8.9 g/kg). While the fermentations conducted with F (*I. orientalis*), G (*S. cerevisiae*) and H (*P. membranifaciens*) (11.2, 11.0 and 10.3 g/kg, respectively) were significantly lower ($p < 0.05$) than control 2 (16.8 g/kg). The other fermentations were not statistically different from the controls of the respective periods.

3.4. Analysis of free peptides and amino acids

The amount of free amino acids of all fermentations conducted with inoculum presented a significant difference ($p < 0.05$) in relation to the controls 1 and 2 (Table 3). In the first fermentation period all fermentations with inoculum were higher than the control, while in the second period, only with the inoculum E (*P. kluyveri*) was higher than the control 2. Among the fermentations with and without inoculum of the different evaluated periods, the percentages of hydrophobic amino acids represented between 48 and 55%, acids amino acids between 12 and 18% and others between 26 and 35%. The percentage of acidic amino acids were higher in the fermentations of the second period. The percentage of hydrophobic amino acids were higher in the first period. Leucine and phenylalanine (both hydrophobic) counting the highest concentrations in all fermentations (Table 3).

4. Discussion

During experiments with inoculum starter the kinetics of temperature and pH averages, as a function of the fermentation time, are in accordance with the fermentations with and without inoculum described in the literature (John et al., 2019; Lagunes Gálvez, Loiseau,

Paredes, Barel, & Guiraud, 2007; Leal et al., 2008; Nielsen et al., 2008; Ooi, Ting, & Siow, 2020; Schwan, 1998). It is suggested that these variables are not influenced by the presence of inoculums starter. The generation of dried beans and more acidity in the fermentation during the first period (September) was observed when it was used inoculums A (*R. mucilaginosa*) and B (*T. delbrueckii*). In the second fermentation period (Dec), it was observed that only in the use of inoculum G, the pH was higher, suggesting lower production of organic acids. Endogenous acids such as malic, tartaric, oxalic, citric and phosphoric are less important to the final pH of almonds than lactic and acetic acid which are produced by degradation of sugar by microbial action in the pulp (Haile & Kang, 2019; Hernández, Núñez, Gómez, & Tovar, 2019). The final pH of the almonds is much more influenced by the sugar concentration of the pulp, the presence of fermenting microorganisms and the diffusion of its acidic metabolites from the pulp to the cotyledon. This acidified environment activates cotyledon enzymes (Amin, Jinap, & Jamilah, 1998).

The titratable acidity allows better access and more sensitive detection of the acidity composition of the almonds in the end of the process. Thus, the ability of the inoculums A, B, C, D, E, F, G and H to reduce the acidity indexes, increasing the quality of the almonds, validates data previously found in the literature (Leal et al., 2008; Schwan & Wheals, 2004). The fermentation with the inoculum C (*C. parapsilosis*), presented almonds with the lowest acidity. This may have occurred due to its pectinolytic activity, which leads to a higher aeration of the fermentative mass during fermentation and promotes the reduction of lactic acid and lactic acid bacteria, with an increase in the oxidation of the acetate to CO₂ and H₂O, and consequently a decrease in the acidity of the almonds (Haile & Kang, 2019; Nielsen et al., 2008; Schwan & Wheals, 2004; Thompson et al., 2013).

The almonds used in this work were homogenized and then distributed in lots, reducing the interference of difference of initial sugar concentration as a function of the genetic origin of the almonds. These findings agree with the premise that the observed differences are related to the microbial processing with inoculum starter, despite the intrinsic characteristics of the fruit. The increase in the concentration of free amino acids in fermentations led by inoculum suggests the ability of these inoculants to contribute to the change in concentration of flavor precursors that lead to the formation of flavor in the Maillard reactions (Santander Muñoz, Rodríguez Cortina, Vaillant, & Escobar Parra, 2019). The proteolytic activity of inoculum B (*T. delbrueckii*) may have contributed to proteolysis within the cotyledon, as this inoculum generated the highest concentration of free amino acids in the first period. This result strongly suggests that there is diffusion of proteolytic extracellular enzymes from yeast to cotyledons. Inoculum A (*R. mucilaginosa*), however, showed less proteolytic activity. Generating free amino acids concentration less than the inoculum inoculum B (*T. delbrueckii*) and those that did not have this activity.

Table 3

Free amino acids in fermented cocoa beans with and without inoculum start in two different periods. The results are expressed as g kg⁻¹. The values followed by different letters in the amino acid sum line represent a significant difference ($P < 0.05$) with the respective control of the period.

AMINO ACIDS	A	B	C	D	Control1	E	F	G	H	Control2
Acids (%)	12,48	14,62	14,86	18,05	15,23	15,71	15,98	16,82	17,32	15,96
(abs.) ¹	1,09	1,43	1,42	1,63	1,32	1,86	1,69	1,62	1,65	1,86
Asp	0,32	0,33	0,34	0,36	0,31	0,41	0,34	0,32	0,33	0,42
Glu	0,36	0,70	0,68	0,85	0,65	0,96	0,91	0,89	0,93	0,98
Ser	0,26	0,25	0,24	0,30	0,23	0,34	0,30	0,29	0,28	0,32
His	0,14	0,15	0,15	0,12	0,12	0,15	0,13	0,11	0,12	0,14
Hydrophobic (%)	52,07	50,82	49,53	55,70	48,93	50,79	50,58	50,02	49,52	49,94
(abs.) ¹	4,53	4,97	4,73	5,04	4,23	6,00	5,33	4,81	4,72	5,82
Ala	0,68	0,70	0,70	0,91	0,64	1,04	0,92	0,92	0,94	1,10
Tyr	0,56	0,64	0,60	0,63	0,51	0,72	0,66	0,57	0,55	0,69
Val	0,46	0,51	0,48	0,56	0,42	0,66	0,59	0,54	0,53	0,60
Ile	0,33	0,36	0,33	0,36	0,29	0,42	0,38	0,33	0,34	0,38
Leu	1,44	1,60	1,51	1,55	1,39	1,84	1,57	1,46	1,40	1,80
Phe	1,05	1,16	1,11	1,04	0,98	1,32	1,21	0,99	0,96	1,24
Others (%)	35,46	34,56	35,61	26,25	35,83	33,51	33,44	33,15	33,16	34,11
(abs.) ¹	3,08	3,38	3,40	2,38	3,10	3,96	3,53	3,19	3,16	3,97
Gly	0,15	0,14	0,13	0,14	0,12	0,16	0,12	0,12	0,12	0,15
Arg	0,72	0,80	0,83	0,76	0,82	0,91	0,77	0,69	0,66	0,87
Thre	0,23	0,25	0,23	0,29	0,22	0,32	0,28	0,26	0,26	0,30
Pro	0,81	0,92	0,85	0,00	0,82	1,15	1,20	0,97	1,03	1,18
Met	0,27	0,29	0,28	0,25	0,23	0,29	0,23	0,22	0,22	0,29
Cys	0,37	0,38	0,49	0,31	0,38	0,50	0,40	0,40	0,37	0,54
Lys	0,53	0,61	0,60	0,62	0,51	0,64	0,52	0,52	0,51	0,64
Total	8,70a	9,79b	9,55c	9,05d	8,65e	11,82f	10,55 g	9,62 h	9,53i	11,65j

¹ Absolut values.

5. Conclusions

It is expected that a low titratable acidity, a quality parameter for cocoa, and high reducing sugar and free amino acids result in a best flavor, thus, the results of reducing sugars, free amino acids and acidity ratify the ability of the inoculum with yeast starters to modify the final condition and the quality of the almonds. Among yeast selection characteristics, only the proteolytic and pectinolytic enzymes seem to have contributed to the greater physicochemical alterations in the fermented almonds. The strains that accumulated the most physicochemical changes, observed in free amino acids, titratable acidity and reducing sugar analysis, that are relevant to the flavor (as flavor precursors) in this experiment were *Candida parapsilosis* (C), followed by *Torulaspora delbrueckii* (B) and *Pichia kluyveri* (E).

CRedit authorship contribution statement

Denise Sande Santos: Conceptualization, Methodology, Writing - original draft, Data curation, Investigation, Formal analysis, Data curation. **Rachel Passos Rezende:** Conceptualization, Methodology, Writing - original draft, Funding acquisition, Supervision. **Thalis Ferreira dos Santos:** Conceptualization, Formal analysis, Data curation, Writing - review & editing, Investigation. **Eric de Lima Silva Marques:** Conceptualization, Formal analysis, Writing - original draft. **Adriana Cristina Reis Ferreira:** Conceptualization, Data curation, Investigation. **Adriana Barros de Cerqueira e Silva:** Conceptualization, Validation, Writing - review & editing. **Carla Cristina Romano:** Conceptualization, Validation, Writing - review & editing. **Damião Wellington da Cruz Santos:** Conceptualization, Validation, Writing - review & editing. **João Carlos Teixeira Dias:** Funding acquisition, Project administration, Supervision, Conceptualization, Methodology. **João Dias Tavares Bisneto:** Resources, Methodology, Conceptualization.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to

influence the work reported in this paper.

Acknowledgments

This research was funded by National Council for Scientific and Technological Development (CNPq), Coordenação de Aperfeiçoamento de Pessoal de Nível Superior (CAPES) financial code 001 and Fundação de Amparo a Pesquisa do Estado da Bahia (FAPESB).

References

- Afoakwa, E. O., Paterson, A., Fowler, M., & Ryan, A. (2008). Flavor formation and character in cocoa and chocolate: A critical review. *Critical Reviews in Food Science and Nutrition*, 48(9), 840–857. <https://doi.org/10.1080/10408390701719272>.
- Amin, I., Jinap, S., & Jamilah, B. (1998). Proteolytic activity (aspartic endoprotease and carboxypeptidase) of cocoa bean during fermentation. *Journal of the Science of Food and Agriculture*, 76(1), 123–128. [https://doi.org/10.1002/\(SICI\)1097-0010\(199801\)76:1<123::AID-JSFA917>3.0.CO;2-N](https://doi.org/10.1002/(SICI)1097-0010(199801)76:1<123::AID-JSFA917>3.0.CO;2-N).
- Aprosoaie, A. C., Luca, S. V., & Miron, A. (2016). Flavor chemistry of cocoa and cocoa products-An overview. *Comprehensive Reviews in Food Science and Food Safety*, 15(1), 73–91. <https://doi.org/10.1111/1541-4337.12180>.
- Crafack, M., Mikkelsen, M. B., Saerens, S., Knudsen, M., Blennow, A., Lowor, S., ... Nielsen, D. S. (2013). Influencing cocoa flavour using *Pichia kluyveri* and *Kluyveromyces marxianus* in a defined mixed starter culture for cocoa fermentation. *International Journal of Food Microbiology*, 167(1), 103–116. <https://doi.org/10.1016/j.ijfoodmicro.2013.06.024>.
- Haile, M., & Kang, W. H. (2019). Isolation, identification, and characterization of pectinolytic yeasts for starter culture in coffee fermentation. *Microorganisms*, 7(10), 401. <https://doi.org/10.3390/microorganisms7100401>.
- Hankin, L., & Anagnostakis, S. L. (1975). The use of solid media for detection of enzyme production by fungi. *Mycologia*, 67(3), 597. <https://doi.org/10.2307/3758395>.
- Heinrikson, R. L., & Meredith, S. C. (1984). Amino acid analysis by reverse-phase high-performance liquid chromatography: Precolumn derivatization with phenylisothiocyanate. *Analytical Biochemistry*, 136(1), 65–74. [https://doi.org/10.1016/0003-2697\(84\)90307-5](https://doi.org/10.1016/0003-2697(84)90307-5).
- Hernández, M. del P. L., Núñez, J. C., Gómez, M. S. H., & Tovar, M. D. L. (2019). Physicochemical and microbiological dynamics of the fermentation of the CCN51 cocoa material in three maturity stages. *Revista Brasileira de Fruticultura*, 41(3). <https://doi.org/10.1590/0100-29452019010>.
- Ho, V. T. T., Zhao, J., & Fleet, G. (2014). Yeasts are essential for cocoa bean fermentation. *International Journal of Food Microbiology*, 174, 72–87. <https://doi.org/10.1016/j.ijfoodmicro.2013.12.014>.
- Jespersen, L., Nielsen, D., Honholt, S., & Jakobsen, M. (2005). Occurrence and diversity of yeasts involved in fermentation of West African cocoa beans. *FEMS Yeast Research*, 5(4–5), 441–453. <https://doi.org/10.1016/j.femsyr.2004.11.002>.
- Jinap, S., Siti, M. H., & Norsiaty, M. G. (1994). Formation of methyl pyrazine during cocoa bean fermentation. *Pertanika Journal of Tropical Agricultural Science*, 17, 27–32.

- John, W. A., Böttcher, N. L., Aßkamp, M., Bergounhou, A., Kumari, N., Ho, P.-W., ... Ullrich, M. S. (2019). Forcing fermentation: Profiling proteins, peptides and polyphenols in lab-scale cocoa bean fermentation. *Food Chemistry*, 278, 786–794. <https://doi.org/10.1016/j.foodchem.2018.11.108>.
- Kadow, D., Bohlmann, J., Phillips, W., & Lieberei, R. (2013). Identification of main fine or flavour components in two genotypes of the cocoa tree (*Theobroma cacao* L.). *Journal of Applied Botany and Food Quality*, 86, 90–98. <https://doi.org/10.5073/JABFQ.2013.086.013>.
- Kirchhoff, P.-M., Biehl, B., & Crone, G. (1989). Peculiarity of the accumulation of free amino acids during cocoa fermentation. *Food Chemistry*, 31(4), 295–311. [https://doi.org/10.1016/0308-8146\(89\)90071-X](https://doi.org/10.1016/0308-8146(89)90071-X).
- Lagunes Gálvez, S., Loiseau, G., Paredes, J. L., Barel, M., & Guiraud, J.-P. (2007). Study on the microflora and biochemistry of cocoa fermentation in the Dominican Republic. *International Journal of Food Microbiology*, 114(1), 124–130. <https://doi.org/10.1016/j.ijfoodmicro.2006.10.041>.
- Leal, G. A., Gomes, L. H., Efraim, P., de Almeida Tavares, F. C., & Figueira, A. (2008). Fermentation of cacao (*Theobroma cacao* L.) seeds with a hybrid *Kluyveromyces marxianus* strain improved product quality attributes. *FEMS Yeast Research*, 8(5), 788–798. <https://doi.org/10.1111/j.1567-1364.2008.00405.x>.
- McKay, A. M. (1988). A plate assay method for the detection of fungal polygalacturonase secretion. *FEMS Microbiology Letters*, 56(3), 355–358. <https://doi.org/10.1111/j.1574-6968.1988.tb03206.x>.
- Miller, G. L. (1959). Use of dinitrosalicylic acid reagent for determination of reducing sugar. *Analytical Chemistry*, 31(3), 426–428. <https://doi.org/10.1021/ac60147a030>.
- Motamayor, J. C., Lachenaud, P., da Silva e Mota, J. W., Loor, R., Kuhn, D. N., Brown, J. S., & Schnell, R. J. (2008). Geographic and genetic population differentiation of the Amazonian chocolate tree (*Theobroma cacao* L.). *PLoS ONE*, 3(10), e3311. <https://doi.org/10.1371/journal.pone.0003311>.
- Nielsen, D. S., Snitkjaer, P., & van den Berg, F. (2008). Investigating the fermentation of cocoa by correlating Denaturing Gradient Gel Electrophoresis profiles and Near Infrared spectra. *International Journal of Food Microbiology*, 125(2), 133–140. <https://doi.org/10.1016/j.ijfoodmicro.2008.03.040>.
- Noor-Soffalina, S. S., Jinap, S., Nazamid, S., & Nazimah, S. A. H. (2009). Effect of polyphenol and pH on cocoa Maillard-related flavour precursors in a lipidic model system. *International Journal of Food Science & Technology*, 44(1), 168–180. <https://doi.org/10.1111/j.1365-2621.2008.01711.x>.
- Ooi, T. S., Ting, A. S. Y., & Siow, L. F. (2020). Influence of selected native yeast starter cultures on the antioxidant activities, fermentation index and total soluble solids of Malaysia cocoa beans: A simulation study. *LWT*, 122, 108977. <https://doi.org/10.1016/j.lwt.2019.108977>.
- Quattara, H. G., Reverchon, S., Niamke, S. L., & Nasser, W. (2017). Regulation of the synthesis of pulp degrading enzymes in *Bacillus* isolated from cocoa fermentation. *Food Microbiology*, 63, 255–262. <https://doi.org/10.1016/j.fm.2016.12.004>.
- Royaert, S., Jansen, J., da Silva, D. V., de Jesus Branco, S. M., Livingstone, D. S., Mustiga, G., ... Motamayor, J. C. (2016). Identification of candidate genes involved in Witches' broom disease resistance in a segregating mapping population of *Theobroma cacao* L. in Brazil. *BMC Genomics*, 17(1), 107. <https://doi.org/10.1186/s12864-016-2415-x>.
- Santander Muñoz, M., Rodríguez Cortina, J., Vaillant, F. E., & Escobar Parra, S. (2019). An overview of the physical and biochemical transformation of cocoa seeds to beans and to chocolate: Flavor formation. *Critical Reviews in Food Science and Nutrition*, 1–21. <https://doi.org/10.1080/10408398.2019.1581726>.
- Schwan, R. F. (1998). Cocoa fermentations conducted with a defined microbial cocktail inoculum. *Applied and Environmental Microbiology*, 64(4), 1477–1483. <http://www.ncbi.nlm.nih.gov/pubmed/9546184>.
- Schwan, R. F., & Wheals, A. E. (2004). The microbiology of cocoa fermentation and its role in chocolate quality. *Critical Reviews in Food Science and Nutrition*, 44(4), 205–221. <https://doi.org/10.1080/10408690490464104>.
- Strauss, M. L. A., Jolly, N. P., Lambrechts, M. G., & van Rensburg, P. (2001). Screening for the production of extracellular hydrolytic enzymes by non-*Saccharomyces* wine yeasts. *Journal of Applied Microbiology*, 91(1), 182–190. <https://doi.org/10.1046/j.1365-2672.2001.01379.x>.
- Thompson, S. S., Miller, K. B., Lopez, A. S., & Camu, N. (2013). *Cocoa and* (pp. 881–899). ASM Press. <https://doi.org/10.1128/9781555818463.ch35>.
- Wood, G. A. R. (1985). From harvest to store. In G. A. R. Wood & R. A. Lass (Eds.), *Cocoa* (4th ed., pp. 444–504). Blackwell Science Ltd. <https://doi.org/10.1002/9780470698983.ch13>.